

PLAYER CODE OF CONDUCT

As a member of a SoCal VBC Team:

- I will never curse, or use foul or inappropriate language.
- I will respect my coaches at all times. I will listen carefully to their instruction, make eye contact with them while they are speaking, and verbally acknowledge them.
- I will support and respect my teammates and opponents at all times. I will not tease, ridicule, put down, make fun of, or physically endanger any players on my team or the opposing team, at any time, whether it be in the gym, at school, or from home (social media, texting)..
- I understand that my behavior reflects on my teammates, my coaches, my family and the SoCal VBC program. I will always be on my best behavior at games, practices, hotels and other team events.
- I will not complain about penalties or calls made by the officials and I will respect the referees at all times.
- I will show good sportsmanship at all times, both when winning and losing, on the court and from the bench. I will always congratulate the other team and wish them good luck.
- I will be committed to developing as a volleyball player. This includes attending practice, listening to my coach, and always giving my best effort.
- I will arrive at practices and games on time and prepared. I understand that I cannot practice if I am not properly equipped with my SoCal practice shirt. It is my responsibility to have all of my equipment packed and ready to play at practices and tournaments.
- I understand the rules of the SoCal Attendance Policy:
 - All players are granted three Priority and one Unexcused Absence for the season. A priority Absence is one that you advise your coach about at the beginning of the season for something that is a priority to you to attend (a wedding, graduation etc.).
 - Dual sport athletes are accommodated in our club. We always try to reach a compromise. However, any absences for the season must be communicated to the coach by January 1.
 - The unexcused absence is one which the player takes when something comes up that is not planned. We do not need to know why you miss this practice and there will be no consequences for missing, as long as you notify your coach.
 - Sickness or injury are not excused.. That is to say, playing time will be affected because if a player is not well enough to practice, it must be deduced that they are not well enough to play as much as expected.
 - Family birthdays are not excused.

- A coach can blackout dates that cannot be absent days, i.e, the practice prior to a tournament.
- We understand that holiday (Thanksgiving, Christmas, Spring Break) family trips and events may occur. These will not count against your absences, but may still affect playing time. This is not considered a penalty to the player, but a reward for those that are present.
 - **Consequences for Attendance Issues:**
 - If a player misses a practice beyond the 3 excused and 1 unexcused absence, they will sit out the first set of the next tournament.
 - No call, no show absences will result in being benched for a full match at the next tournament.
 - Playing time consequences are always at the discretion of the coach. When players miss practice, for any reason, other players are present and getting better in their absence.

DISCIPLINARY ACTIONS

If disciplinary actions are necessary, the following steps may be taken:

1. The Team Coach and/or Director of Coaching will discuss the problem directly and privately with the Player, with the assumption the problem will be corrected immediately.

2. If the problem persists, the Team Coach and/or Director of Coaching will communicate with the Player's Parents to discuss the problem and lack of response on the part of the Player. Parents will have the opportunity to be involved with correction of the problem at this time.

3. If the problem still continues, the Director of Coaching and/or Team Coach may temporarily suspend the Player. If the situation warrants, the Director of Coaching may recommend that the Player be removed from the Club. The Director of Coaching will notify the Parents.

4. The Parents of any Player recommended for removal from the Club may request to meet with the Director of Coaching. Our desire is to work in a positive, constructive way with our Players. Everyone has problems from time to time and we will make every effort to work with you to help solve the problems you may have. After we have exhausted all efforts to solve the problem, we will be left with little choice other than to pursue disciplinary action as outlined above.

I agree to abide by this 2016-2017 Player Code of Conduct:

Player Name

Player Signature

Date